

Winter Newsletter


South Bucks Hospice
at Butterfly House
Outpatient care enhancing quality of life



Thanks to your support here's what we've been doing in 2018

Sharon Fairclough, Director of Clinical Care, gives us an update:



It's been a great year for South Bucks Hospice at Butterfly House. We've improved and expanded our services allowing us to support and care for more people living with a life limiting or life threatening illness early after diagnosis, and their families too. Our counselling service has expanded to include family support from tiny tots and young children right through to teenage years, young people, and couples, providing much needed family support during what is a difficult time. It is vital work that helps keep families strong. Three new support groups commenced during the summer months: Upper Gastrointestinal, which is led by Cancer Nurse Specialists from Stoke Mandeville Hospital and a Cardiac Heart Failure group led by one of our palliative care nurses, as well as a Cancer Support Group supporting anyone living with cancer. These groups support patients, families and carers and provide much needed education as well as support. Our bistro opened in October and is now serving hot and cold cuisine to patients who come for the day as well as visitors too.



New Trustees and Patron

This year we are delighted to welcome new Trustees and a new Patron. Caroline Langley, David Ellis, Joanna Kerridge and Karl Newton have all joined as Trustees and will bring their valuable skills and experience to the hospice. Professor of Palliative Medicine, Baroness Finlay of Llandaff, has also joined us as a Patron and will help to promote our vital services. We look forward to working with them in the New Year.

Wishing you a very Merry Christmas and a Happy New Year from everyone at South Bucks Hospice



Hospice Heroes

Every year we receive fantastic support from the community. This helps fund our services providing treatment for people with a life limiting or life threatening condition, and their families. We would like to especially thank all of our Fundraising Heroes this year, including those who have run marathons, cycled from Beaconsfield to Paris or dyed their hair pink for us.

Thank you all - it's your support that makes a difference!

Want to be a Hospice Hero? Our Fundraising Team would love to hear from you. If you're a member of a group or society why not get them involved too? Please contact the Fundraising Team by phoning: 01494 552 761 or by emailing: fundraising@sbhospice.org.uk with your ideas.

Light up a life

Friday 7th December from 4:30pm to 6:00pm at Butterfly House

Join us for an uplifting remembrance service to remember lost loved ones. There will be a short service and the opportunity to write your own special dedication on a star to place onto our Christmas tree and light a candle.

Mince pies and refreshments will be available.

What's on



- **Bucket collection** - 5th December - Gerrards Cross Train Station - 4:00pm to 7:00pm
- **Volunteer Thank You** - 7th December - Butterfly House - 2:30pm to 4:00pm
- **Light up a Life** - 7th December - Butterfly House - 4:30pm to 6:00pm
- **Bucket collection** - 10th December - Asda High Wycombe - 10:00am to 4:00pm
- **Bag packing** - 20th December - Waitrose High Wycombe - 12:00pm to 4:00pm

Want to come along? Call 01494 552 761 for more details.



Our range of Christmas cards are now available to purchase in our Bourne End and Hazlemere charity shops and at Butterfly House.

Give a gift this Christmas

Please help us to continue to support people who need our care by making a donation or by giving us your time as a volunteer.  

If you would like to make a donation please use the donation form enclosed and send it to us in the prepaid envelope provided.

Support Groups



At Butterfly House we offer a range of support groups, including for bereavement, breast cancer, brain tumours and cardiac. These are open groups, so anyone who needs support can attend and no appointment is needed. For more information please visit our website www.sbh.org.uk or call our nurses on 01494 552 755



Chris



Jeff

This year approximately 900 appointments for life enhancing treatments took place at Butterfly House  

Why Volunteer?

Volunteering is about making a difference. It is also an opportunity to make new friends and learn new skills. At South Bucks Hospice we are continually amazed and thankful to all of our volunteers who donate their time to us across the hospice in support of our work

This is what two of our fantastic volunteers said about volunteering at South Bucks Hospice:

Chris - "Volunteering is very rewarding because you get appreciation from both staff and patients. You don't have to commit huge amounts of time and there are a number of different roles you can take to fit your own talents and preferences."

Jeff - "The whole concept of volunteering is about giving something back and it's nice to come in here and do something that helps. There is just something special about Butterfly House; you cannot put your finger on it, but it is unique."

If you would like to find out more about volunteering at South Bucks Hospice please email: volunteers@sbhospice.org.uk, call: 01494 552 750 or visit our website: www.sbh.org.uk There are lots of volunteering opportunities across the hospice, from helping in our bistro to supporting our patients or helping in our shops.

Butterfly Bistro

Many of you who visit the hospice will have seen the bistro and kitchen areas gradually changing over the last few months. This is largely thanks to Nigel Quince who visited us in July after hearing about the wonderful support we provided to his friends. After hearing about our vision for the bistro he secretly contacted many of his catering suppliers who, to our huge surprise, kindly donated everything we needed to make our vision come true! We would like to say a huge thank you to Nigel and his co-owner at JDS, fellow Masons, families and friends for all their help and support. A huge thanks also goes to our volunteer Graham for decorating the bistro area.

The bistro was officially opened on 29th September by patient Derek, and is a warm welcoming area for anyone visiting the hospice to enjoy nourishing good food, plus treats! All lovingly cooked by our wonderful new chef Clare.

We look forward to welcoming you!



**Festive
funny**

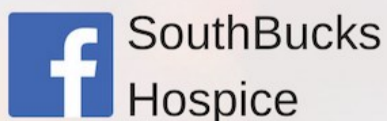


What is the best
Christmas present in
the world?

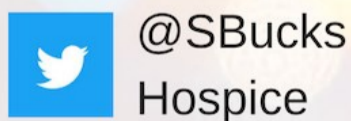
A broken drum, you
just can't beat it!

Did you know?

Less than 4% of our income currently comes from the NHS, so everyone who contributes and helps support us really does make a difference, and allows us to continue to offer our much needed services. So whether that's making a donation, volunteering for us, making a purchase from one of our shops, playing The Hospice Lottery, fundraising for us, coming to our events, making a monthly donation or leaving us a legacy.....**Thank you!**



Like us



Follow us

Leaving us a legacy

It was only due to a generous gift left in a Will that we were able to build our brand new Hospice, Butterfly House. No matter how big or small your donation, leaving a legacy can help us to make sure that we can continue to provide our services for future generations. If you would like to know more or have any questions then please contact 01494 552 750

Retail

Having a pre-Christmas clear out? Got unwanted Christmas presents? Please consider donating any unwanted items to our charity shops in Hazlemere or Bourne End. If you have any larger items please contact our Re-Use Centres to see if they can accept the item, unfortunately we are unable to offer a collection service.

High Wycombe: 01494 535 841

Aston Clinton: 01296 632 766

We want you to remain in control of your personal data. If, at any time, you want to update or amend your personal data or marketing preferences please let us know by writing to us: Butterfly House, Kingswood Park, High Wycombe, HP13 6GR or email us at info@sbhospice.org.uk