

### Using the Quiet Room & Garden

Our peaceful, purpose built Quiet Room and garden at Butterfly House are a reflective space for your use and comfort. They are welcoming spaces for you to come and contemplate and pray. In the Quiet Room you will also find spiritual care resources available to support you.



## Who we are

#### **About Us**

South Bucks Hospice at Butterfly House exists to enhance the quality of your life and those who you love. We aim to excel in our provision of care and integrate and meet the needs of our local community.

### **Contact Us**



**Spiritual Care** South Bucks Hospice, Butterfly House, Kingswood Park, High Wycombe, HP13 6GR

+44(0)1494 552 761



www.sbh.org.uk

spiritualcare@sbhospice.org.uk



# **Spiritual Care**





### Welcome We are here for you

# What does it mean to have fullness of life?

### Come and talk to us...

Spiritual Care can support you on life's journey through the lens of beliefs, practices and relationships that help give you meaning, comfort and hope.

### What can we do for you?

Our Spiritual Care team are here to help you explore ways of taking hold of love, hope, joy, faith and peace in the midst of whatever you might be going through. We will talk through any issues or concerns you may have, and if you wish, we will pray with you or for you.

### "

Talking to the Spiritual Care team really helped me centre my thoughts at a time when I was feeling very lost and alone

"

### How to get in touch

Please ask for a meeting with one of the Spiritual Care team by emailing spiritualcare@sbhospice. org.uk or posting a request for contact card with your contact details in the Spiritual Care post box in the foyer at Butterfly House.



Come and share a coffee with us in our bistro

One of our team will then contact you and invite you for an informal coffee meeting in the bistro, garden or our more private Quiet Room, according to your choice at the time.

# Events hosted by the Spiritual Care Team

The Spiritual Care team also host events at Butterfly House and in the local area including Light Up a Life which is an event to reflect on the lives of those we remember, and other courses such as Alpha and Living and Dying Well which help people explore questions about life and faith.