

Helping you find life
again through your loss



Some comments from those who
have benefitted from bereavement
support at South Bucks Hospice:



'I have been so grateful to have somewhere
to begin to share my approach to my grief'.

'You have been a great listener and made
me feel so comfortable and relaxed'.

'I have felt so supported and grown so much
in the time I have had your listening ear'.



Who we are

About Us

South Bucks Hospice at Butterfly House exists to enhance the quality of your life and those who you love. We aim to excel in our provision of care and integrate and meet the needs of our local community.

Contact Us



Bereavement Listening Service

South Bucks Hospice,
Butterfly House,
Kingswood Park,
High Wycombe,
HP13 6GR



+44(0)1494 552750



www.sbh.org.uk



listening@sbhospice.org.uk



South Bucks Hospice

at Butterfly House

Outpatient care enhancing quality of life

Bereavement Listening Service





The Grief Journey

What can I expect?

Grief can shatter every assumption about life we have ever had. Finding any sense of 'new normal' after the death of a loved one can be a long journey that may feel so overwhelming it is hard to even begin on that road. Time is not necessarily a healer on its own, but with the support of trained individuals from South Bucks Hospice providing a listening ear, that path can feel less alone and frightening. It was with this in mind that we set up the Bereavement Listening Service to serve our local community.

How can the Bereavement Listening Service at South Bucks Hospice help?

You will be allocated your own personal bereavement listener who will support you and listen to whatever it is you feel you would most like to share. You may experience a range of emotions, everything from shock, denial, anger, despair and sometimes guilt. We will explore these emotions together with you and help and support you during this time. The service can be provided on a weekly basis for up to three months.

“

I just don't know what I would have done without you. You said you would be there and you were. Knowing that, at the darkest time of my life, made all the difference.

”



We are here to
connect with you
and to support you



Who are our bereavement listeners?

Our bereavement listening volunteers are all members of the local community, trained through South Bucks Hospice's own dedicated bereavement care training course. Many of our volunteers are already highly trained healthcare professionals who wish to use their understanding and caring listening skills to support people in our community.

How can I access the listening service?

We offer free, personal, and confidential telephone bereavement support to adults registered with a South Bucks GP who have lost a loved one to a prolonged, advanced, life-limiting illness. Just ask your GP for a written referral.

